



**Around Town Hall is continued on page 4**

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**\$49\***

Introductory  
1-hour  
massage session



**\$74\***

Introductory  
1½-hour  
massage session



**\$98\***

Introductory  
1½-hour Hot Stone  
therapy session

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There's a reason we're ranked #1 in massage services—health has always been our focus.\*\* Sure an hour of relaxation is appreciated, but people keep coming back for the therapeutic results they receive at such small prices. From deep muscle relaxation to strengthening your immune system, you can start your own naturally healthy lifestyle today at Massage Envy.

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Franchises Available | [MassageEnvy.com](http://MassageEnvy.com) | Convenient Hours. Open 7 days: M-F 8am-10pm, Sat 8am-9pm, Sun 10am-8pm

\*\*Ranked #1 by Entrepreneur Magazine. \*Session includes massage and time for consultation and dressing. Prices subject to change. Rates and services may vary by location. Additional local taxes and fees may apply. ©2010 Massage Envy Franchising, LLC.

## NUMBERS TO KNOW

### EMERGENCY SERVICES

Emergencies	911
Poison Control	1-800-222-1222
D.E.P. Hotline	1-877-927-6337
Domestic Violence Hotline	732-264-4111

### LOCAL HOSPITALS

Bayshore Community Hospital, Holmdel	732-739-5900
CentraState Medical Center, Freehold	732-431-2000
Jersey Shore University Medical Center	732-775-5500
Monmouth Medical Center	732-222-5200
Raritan Bay Medical Center, Old Bridge	732-360-1000
Riverview Medical Center, Red Bank	732-741-2700
Robert Wood Johnson University Hospital, New Brunswick	732-828-3000

### AREA UTILITIES

Cablevision of Monmouth	732-780-4868
Cablevision (Report an Outage)	732-780-4868
Gordon's Comer Water Co.	732-946-9333
JCP&L (Electric)	1-800-662-3115
JCP&L (Report An Outage)	1-888-544-4877
MTMUA (Water)	732-591-1757
NJ Natural Gas	1-800-221-0051
NJ Natural Gas (Report a Leak)	1-800-427-5325
WMUA (Sewer)	732-446-9300

### MARLBORO TOWNSHIP SERVICES

Police / Fire / First Aid	732-536-0100
Police Tip Line	1-888-536-1010

### DEPARTMENTS

Administration	732-536-0200
Affordable Housing	732-536-0188
Building Department	732-536-0200 x3500
Business Administrator	732-536-0200 x1207
Clerk's Office	732-536-0200 x3505
Community Policing/Crisis Intervention Team	732-536-0100
Dog & Cat Licenses	732-536-0200 x1245
Engineering Department	732-536-0200 x3501
Finance	732-536-0200 x3510
Marlboro Library	732-536-9406
Mayor's Office	732-536-0200 x1200
Mercantile Licenses	732-536-0200 x1256
Municipal Court/Violations Clerk	732-536-0300
Recycling	732-536-9295
Parks & Recreation	732-617-0100
Planning Board	732-536-0200 x3508
Prevention of Substance Abuse	732-617-0186
Marlboro CableTV	732-536-0200 x1204
Public Works/Grounds Maintenance	732-536-0188
Registrar	732-536-0200 x1600
Swim Division	732-617-9600
Tax Assessor	732-536-0200 x3503
Tax Collector	732-536-0200 x3504
Traffic & Safety	732-536-0304
Zoning Board	723-536-0200 x3509

*These phone numbers were provided to CONTENTS and are subject to change.*

## OUR GOVERNMENT



**MARLBORO TOWNSHIP**  
**1979 Township Drive, Marlboro, NJ 07746**  
**732-536-0200**

### ADMINISTRATION

**MAYOR: JONATHAN L. HORNIK**

### COUNCIL

**PRESIDENT: FRANK LAROCCA**

**VICE PRESIDENT: RANDI MARDER**

**COUNCILMAN: JEFF CANTOR**

**COUNCILWOMAN: CAROL MAZZOLA**

**COUNCILMAN: SCOTT METZGER**

## ABOUT CONTENTS

As you can see **CONTENTS** has been evolving. We now have refreshed our appearance, and have also changed some of our content to reflect our primary objective in providing you with as much information as possible. It is our hope that you will continue to find **CONTENTS** as a useful resource for local happenings with past, current, and newsworthy things on the horizon. It is not intended to be a newspaper, nor is it a magazine; it's a "newsletter" (hopefully a colorful one) with lots of Marlboro Township content to report to you.

Please note that much of our information is provided to us and therefore we cannot be held responsible for errors in dates or times of events. We are not responsible for any typographic errors in provided material.

If you wish submit an article pertaining to Marlboro Township, or simply to provide us with your welcome feedback, our e-mail address is [sdick@optonline.net](mailto:sdick@optonline.net). Although we are limited by available space, without promise, we will do our best to accomodate.

We remind you that there is no cost to the Marlboro Township taxpayer, as our advertiser/sponsors make this publication possible. You can thank them with your patronage. - **Stephen Dick**

### THE STAFF OF CONTENTS

**EDITORIAL & CREATIVE DIRECTOR: STEPHEN DICK**

**NEWS DIRECTOR: HEATH LESKIN**

**PUBLISHER: DOUG RINGEL**

**PRODUCTION DIRECTOR: KRISTEN GERMANO**

**ADVERTISING SALES: 732-577-9205**

**EDITORIAL CONTENT: [sdick@optonline.net](mailto:sdick@optonline.net)**



# AROUND TOWN HALL

(Continued from page 1)

## MARLBORO TOWNSHIP POLICE EXPLORERS POST 105 ANNOUNCE PROMOTIONS & AWARDS

Shay Caravella to Sergeant.

Frank Gyimesi to Lieutenant.

Matt Spadaro to Captain.

Mark Cosentino to Chief, where he will oversee the other 25 explorers on the post.

**Law Enforcement Award:** Is presented to any Explorer who goes above and beyond what is expected of them. In the seven years that this award has been presented, it is only the 3rd Law Enforcement Award that has been given out. Last May, the Police Explorers had just returned from an event and were piling out of the explorer van in front of the Brown Building. Just then, a 9 year old girl darted out into traffic onto Township Drive and was struck by a vehicle. Without a moment of hesitation, Explorer Alexander Fay, who was only an Explorer for 1 month, bolted to the scene which was no more than 30 yards away. He helped to direct traffic away from the accident, which was extremely busy as it was a Saturday afternoon. He kept onlookers away from the victim and was able to direct the emergency personnel to his exact location. Explorer Alexander Fay received the Law Enforcement Award for his courageous and brave effort that afternoon.

The Marlboro Township Police Explorer Post 105 was founded in 1982 and is in its 28th year of operation. It is open to students between the ages of 14 – 21 who are interested in learning more about a career in law enforcement. The explorers can be seen assisting residents at various Township events. The explorers can also go on "ride-alongs" where they get a chance to work with a police officer on his or her tour of duty and assist with the various calls for service.

Marlboro CONTENTS congratulates all of these fine young men and women.



## 'SALUTE TO COMMUNITY EXCELLENCE CHARITY GALA' EVENT

The Marlboro Policemen's Benevolent Association Local 196 and Fraternal Order of Police Lodge 15 will be hosting their 1st Annual "Salute to Community Excellence Charity Gala" on March 20th, 2010, at the American Hotel, in Freehold from 7:00 P.M. to 11:00 P.M. The evening will consist of a cocktail reception, dinner, open premium bar, sports memorabilia auction, celebrity guests, dancing, prizes, and more. The Gala will recognize local businesses and individuals whom have given back to both the PBA, FOP, and Marlboro each year, providing our community with a unique level of "excellence."

All proceeds from the Gala will go to benefit Marlboro police officer's participation in the 2010 Police Unity Tour. This is a four day bicycle ride that commences in New Jersey and concludes in Washington, D.C. at the National Law Enforcement Officers Memorial located in Judiciary Square. The Memorial honors those police officers who have been killed in the line of duty and have given the ultimate sacrifice to their profession. The ride is conducted to raise local awareness of the Memorial. The Gala will help cover the expenses of this tour and to help raise funding for the Law Enforcement Officers Memorial Fund as this is a cause that is dear to all those who have served in law enforcement.

Our hope is that you will be able to help support this event and this year's honorees as we prepare for the 2010 Police Unity Tour and our ride to the National Law Enforcement Memorial.

**Any questions, please email us at [marlboropoliceunitytour@yahoo.com](mailto:marlboropoliceunitytour@yahoo.com) or call (732) 740-4879. For tickets and event sponsorships, you can go to <http://www.marlboro-nj.gov/unitytourgalafinal.pdf>.**

## MARLBORO TOWNSHIP'S MEMORIAL DAY PARADE

The Marlboro Township Veterans & Volunteers Committee is hosting our annual Memorial Day Parade to honor our military veterans, our active and reserve service members, and especially all our fallen military service members who paid the ultimate price for our freedoms and way of life.

The Marlboro Township Memorial Day

Parade will take start on Sunday, May 23rd, 2010, at noon. The parade route will start in front of the Marlboro Firehouse at the corner of Route 79 and School Road West and proceed along School Road West to the Veterans Memorial at the Marlboro Township Municipal Complex on 1979 Township Drive.

The Marlboro Township Veterans & Volunteers Committee invites you to participate in the Memorial Day parade honoring and remembering our fallen heroes. We look forward to the Memorial Day parade as our community takes pride in a display of thanks and commitment to our military members, both past and present. They have honored our nation with their service and sacrifice so let us now honor them. By honoring our veterans who served at home and abroad and remembering all those who made the supreme sacrifice of life for our freedom, we will stand together and our nation will become even stronger. Thanking you in advance for your support.

James Mione

Marlboro Township Veterans & Volunteer Chairman

Gold Star Family Member

732-536-0200 Ext. 3513

## CLEAN ENERGY INITIATIVE

A presentation was made to Council by a representative of the NJ Clean Energy Program Community Partners Initiative. The Community Partners Initiative offers communities a forum to participate in statewide clean energy campaigns to educate and help enroll residents, businesses, and municipalities in New Jersey's Clean Energy programs and take advantage of valuable technical assistance and financial incentives. Community Partners receive support in their efforts to set clean energy goals, develop outreach plans, and educate residents about the economic and environmental benefits of clean energy and simple climate change solutions.



**Learn more about refrigerator disposal see Green Team article on Page 12.**



# 1/2 Price Sunday Brunch

with purchase of regular brunch

## Sunday BRUNCH Now at Paco's Tacos

Four eggs, choice of meat, potatoes and tortillas  
Served with coffee and juice

### Huevos

**Con Napoles-** sour cream, guacamole, choice of meat.

**Con Chorizo-** fresh mexican sausage with peppers and onions

**A la Mexicana-** scrambled eggs with tomato, onion, jalapeno peppers

**Rancheros-** sunnyside up with choice of sauce

**Vegetable-** tomato, onion, spinach, mushrooms, peppers

**Aguate Con Pico-** fresh avocado with pico de gallo

**Enchiladas-** 3 hand rolled flour or corn tortillas, melted cheeses, choice of sauce

**Burrito-** 12" flour tortilla with rice and beans

**Quesadilla-** 12" flour tortillas or whole wheat with  
fresh monterrey and jack cheese



## ENTREES

Served with rice and beans

### Carne Asada

Thin skirt steak served on a sizzling skillet with eggs, cheese,  
guacamole and sour cream.

Choice of sauce

### Huevos Fajita

Sizzling skillet of eggs and choice of meats with sauteed peppers and onions.

### Fajitas

Sizzling skillet of sauteed onions and peppers with choice of meat, served with  
guacamole, pico de gallo, sour cream and corn tortillas.

### Taquitos

Chicken or steak served with lettuce, tomato, sour cream,  
guacamole and choice of sauce.

Many More Items Available

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TACOS**



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**Learn more about refrigerator disposal see Green Team article on Page12.**



## FROM MAYOR JONATHAN L. HORNİK

Dear Marlboro Resident:

We recently held our first informational meeting with business owners of Marlboro to discuss our targeted town-wide marketing campaign titled Shop Marlboro!

My Administration and Marlboro's Economic Development Committee ("EDC") believe that there is a correlation between an increase in spending for local goods and services and a reduction in residential property taxes. To stimulate local spending, the EDC will be rolling out its Shop Marlboro! campaign this Spring and to jump-start it will actively and repeatedly encourage our Town's residents (over 15,000 households—that's more than 40,000 residents!) to make at least one purchase from a Marlboro business where they have not previously purchased. The idea is that if Marlboro becomes business friendly, more businesses will locate within our Town, which will shift the burden from the residential taxpayer to the commercial taxpayer.

The EDC to date has done a great job in making Marlboro more business friendly. Through their efforts, more and more businesses are considering Marlboro as the place to conduct their work.

Desirable stores like Whole Foods and Costco are prime examples of the type of businesses we want to attract. If Marlboro can attract these types of businesses, their contribution to the town's tax revenue will provide tax relief for our residents as well as a great shopping experience. Marlboro's tax burden is not currently balanced properly between the residential taxpayer and the commercial taxpayer. Today, Marlboro's taxes are supported 93% by the residential taxpayer and 7% by the commercial taxpayer. This is not a healthy mix and the reason why I have empowered the EDC to do what's necessary to attract good clean commercial ratable to our Town.

With our week-long kick-off beginning on May 22, 2010, the EDC aims to rally Marlboro residents into spending action and in the process introduce them to the many great Marlboro business establishments about which they may be currently unaware. Moreover, we aim to challenge Marlboro residents to think twice about exporting their purchasing dollars for goods and services to surrounding Towns, and to instead Shop Marlboro! whenever possible.

So, please keep an eye out for more information on our upcoming Shop Marlboro campaign, and remember, please support our local businesses as much as possible.

Very truly yours,

Jonathan L. Hornik

## TIDBITS

### ELECTION INFORMATION "ABSENTEE BALLOTS" HAVE BEEN REPLACED BY "MAIL-IN BALLOTS"

Voters are now able to get a "mail-in ballot" for any reason. A voter may apply by mail up to 7 days prior to the election. He or she may also apply in person to the County Clerk until 3 PM the day before the election.

If you so choose, you may get a mail-in ballot for all elections to be held during the remainder of the calendar year or for all future November general elections until otherwise requested.

Also, any voter may apply for a mail-in ballot by authorized messenger. Messengers must be a family member or a registered voter of this County. No authorized messenger can (1) be a Candidate in the election for which the voter is requesting a mail-in ballot or (2) serve as messenger for more than TEN qualified voters per election. All applications for mail-in ballots should be brought or mailed to:

M. Claire French, Monmouth County Clerk  
300 Halls Mill Road  
Freehold, NJ 07728-8835

For more information and to download an application to vote by mail:  
[www.co.monmouth.nj.us](http://www.co.monmouth.nj.us). Click on County Clerk's Office, Click on Election Division, Click on "Vote by mail ballot information and Application."

The election dates for 2010 are as follows:  
School Board - April 20, 2010  
Polls open 12 PM – 9 PM  
Primary Election - June 8, 2010  
Polls open 6 AM – 8 PM  
General Election - Nov. 2, 2010  
Polls open 6 AM – 8 PM







## MEET OUR 2010 COUNCIL PRESIDENT FRANK J. LARocca

### Frank LaRocca Responds to Our Questions

#### As our Council President what have you set as your priority?

In the current economy there are many things that have to be considered a priority. I plan on working closely with the Mayor to continue to deliver tax stabilization for our residents. In this regard, I must continue to explore every means to: reduce spending; push for COAH reform; advance economic development; take advantage of grants; and, explore shared service opportunities.

#### What would like to achieve during your term as a Township Councilman?

In the broad sense, I will consider my tenure as a councilman a success if we continue to change the way our local government does business. I believe that we have made great strides in the past two years in proving that government is for the residents, and not the people who the residents elected to represent them. By working hard, and communicating with the people we serve, I believe that people will understand that petty partisan political posturing has no place in government, and that the best results come from open and respectful dialogue.

#### If you could change one thing in Marlboro Township, what would that be?

The accurate answer to this question is that I hope to change many things in Marlboro Township for the better. However, I often think about having the chance to turn back the hands of time to a time before the corruption in our town's past damaged our ability to plan for proper and sustainable development.

#### What do you find to be most challenging in your position?

The most challenging part of representing all of the people in Marlboro is that sometimes, I can not help one specific person or group of people. The challenges that we face in our community impact upon different individuals in very different ways. Staying focused on what is best for the township as a whole, while considering the impact upon individuals, is oftentimes very challenging.

#### What do you enjoy most about being a Township Official?

I enjoy a challenge and revel in solving problems. Working with state and local officials to help better our community is a very satisfying experience.

#### What would you like to see improved in Marlboro Township?

Marlboro must become more sustainable. While we have taken extraordinary steps in establishing a foundation for sustainability, we must continue to make the changes necessary to ensure the preservation of our municipality, and the quality of life we have come to expect, for future generations.

#### With the many requests made to the Council, most residents want an immediate response. How do you manage to handle this?

It's not easy. But communication is the key. I find that if you let people know that you are working on the issue, and update them regularly, they are very happy to know that someone is working on it. Of course, some things move much more quickly than others.

#### What has been the most significant change that you have seen in the township since becoming a Councilman?

Trust. When I campaigned for office I met thousands of people who were disenfranchised with local politics, and politicians in general. With transparency, I believe we have earned the trust of the community to lead Marlboro in the right direction.

#### How has your family adapted to the demands that are placed on your time?

Historically, my schedule has been very hectic. My office was located in Bergen County and my hours, and commute, substantially interfered with family time. After being elected to represent the people of Marlboro, I moved my main office to Monmouth County. This move alone has enabled me to spend more time with my family, and discharge all of my responsibilities as a councilman.

#### What do you think makes Marlboro Township an outstanding community?

Diversity. Marlboro is truly a diverse community of age and culture. Nothing proves this more than reviewing the various Township events highlighted by Marlboro's annual Multicultural Day and Marlboro Day. From our very strong senior community, to our renowned Teen Advisory Committee, Marlboro Township proves its excellence every day.

# Avatar SPA

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## POLICE NEWSBEAT

**From**  
**Chief Bruce E. Hall**

Dear Fellow Member of the Marlboro Community,

For the past several years and again this year, Police Officers and support personnel of the Marlboro Township Division of Police have been participating in the Police Unity Tour. The Tour is comprised of many law enforcement agency representatives grouped on a regional basis who bicycle to our Nation's Capitol during Police Week, a week that allows for honoring and reflecting upon those law enforcement officers who have made the ultimate sacrifice in service to the community.

The participants bicycle almost 300 miles over a three day period and their journey culminates in a candlelight vigil honoring and remembering the fallen officers from the previous year. The family members of these fallen officers are welcomed and given special recognition and support for the loss and sacrifices they must endure.

I have pledged both financial and moral support for our contingent of officers and personnel participating in this worthy event. I would ask that you provide any measure of support you may deem appropriate to assist these community representatives in defraying the costs associated with their participation.

Sincerely yours,

Bruce E. Hall  
Chief of Police

### **FACES IN THE DEPARTMENT**

#### **NEW OFFICER JOINS MARLBORO'S POLICE DEPARTMENT**

Officer Michael Pecoraro was sworn in as the newest addition to the Marlboro Township Police Department



*Mayor Hornk administers Oath of Office to Officer Michael Pecoraro.*

### **MISSION & VISION STATEMENT**

**By Captain Steve Mononna**  
Administrative Commander

The Marlboro Police department is committed to providing the highest level of law enforcement services to the residents of Marlboro. To accomplish this goal, the command staff is working to implement change to the structure and culture of our organization. This change is an attempt to improve the performance and effectiveness of the organization. Under the leadership of Chief Bruce Hall, the Police Division is also working towards becoming an accredited agency. The first step in this process is to create a shared vision and mission statement. A mission statement is a broad statement of the organization's objectives and goals. It should be a formulation of the organization's reason for existence.

#### **The Marlboro Police Department Mission Statement**

We, the Marlboro Township Police Department are committed to providing the highest level of law enforcement services to the residents and visitors of Marlboro Township, through collaboration with the citizens and other governmental agencies both local and regional.

Our services are delivered by professionals, well trained, and accountable officers, who are committed to improve the quality of life for those who work, or visit our community.

#### **The Marlboro Police Department Vision Statement**

Our shared vision for the Marlboro Police Department is dedicated professionals working together to consistently provide excellent service which enhances the quality of life in Marlboro Township.

The Command staff is committed to providing effective leadership by developing and communicating a vision for our police department. The creation of the mission and vision statements set the foundation for our police division's direction and aspirations.

**Captain Steven Mennona**  
Administrative Commander  
732-536-0100 ext. 1650  
[SMennona@marboropd.org](mailto:SMennona@marboropd.org)

**Police Events Photographed by:**  
Detective David Glenny



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and efficient way to deliver your  
message to Marlboro Township for**

**Shop  
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## THE ALLIANCE



### Where Can This Gateway Lead

By Nancy Geist

A gateway drug is a drug that opens the door to the use of other, harder drugs. Gateway drugs are typically inexpensive and readily available. Alcohol, tobacco, marijuana, inhalants and over the counter drugs are referred to as the "Gateway Drugs". These drugs often lead to drug abuse, addiction, and to the use of other drugs such as methamphetamines, cocaine, or heroin.

Certainly not everyone who uses gateway drugs becomes an addict however I'm sure you wouldn't want to take that chance with your child's health and future happiness. Most addicts began their downward spiral with the gateway drugs; very few youngsters or adults jump right into hard drugs. Keeping children free and clear of the gateway substances is the objective.

For many kids it may be difficult to "just say no" to drugs, alcohol and tobacco. The desire to fit in, along with drugs and alcohol being more readily available than ever before, makes it difficult for some. Simply telling children and teens to say no to drugs is not enough. They must be encouraged to reject drugs because it is the right thing to do. It has been proven that young people can be positively influenced about the risks and dangers of drug use. Developing positive peer pressure is one of the goals of the Alliance.

Children who don't have the facts about drugs, alcohol, and tobacco are at a far greater risk of trying them. Talking about awkward issues like drugs, alcohol, sex and even computer addiction is sometimes difficult for parents and children. However, if parents/guardians do not have these discussions children may be unprepared to deal with certain situations when they arise. When young people are given guidance and information from people they trust they will be less likely to make the wrong decisions. Help your children develop the skills needed to resist peer pressure.

Children who are using drugs exhibit different warning signs of which we need to be vigilant. Often these signs seem like typical adolescent behavior and we don't think that our children are using drugs. Unfortunately, by then it is sometimes too late. If you think your child is using drugs, look for the following physical and emotional signs...

- Change of friends
- Changes in their school performance
- Changes in their behavior including increased lying, stealing, needs or has excessive amounts of money
- Changes including inability to sleep or hyperactivity
- Disregarding their appearance and/or hygiene
- Weight gain or loss, smelling smoke or marijuana on their clothes or breathe

It is our hope that you will talk with your children and discuss the dangers of gateway drugs. Empower them with the facts so that they can "Choose to Refuse" and live healthy and productive lives.

**If you are in need of any information please contact the Alliance Office at 732-617-0186.**

## GREEN TEAM

**Spring is on the way . . . eventually, and with the melting snow comes spring cleaning.**

Getting rid of that old refrigerator? If it still works, it can make you \$50 on its way out the door. So before throwing it on the curb for bulk pick-up (starting the week of 4/26) see information for New Jersey's Clean Energy Program below. Through a partnership with the Marlboro Township Green Team, NJCEP will help you dispose of your old refrigerator or freezer in an environmentally smart way. Just call the following phone number and your refrigerator or freezer will be removed directly from where ever it is plugged in now. Remember to leave it working until it is picked up since the idea behind this incentive is to take those old clunkers safely off the grid.

Think Energy Star with all of your appliance purchases. It saves energy, saves money and saves the earth.

**For a free pick up of your old fridge, call 877-270-3520 or visit [NJCleanEnergy.com](http://NJCleanEnergy.com)**

### MARLBORO TOWNSHIP GREEN TEAM LOGO CONTEST

Deadline: April 14th, 2010

To all High School Students who reside in Marlboro Township: We want you to create a unique and innovative logo for the Marlboro Township Green Team.

The Marlboro Township Green Team is a Mayoral created, Council appointed committee, created to examine and present local solutions for climate change issues. It is the aim of this team to increase community awareness of sources of global warming and to outline positive steps that can be taken to reduce Marlboro Township's carbon footprint. Working in cooperation with local residents, businesses, and institutions as well as various state agencies, the Marlboro Township Green Team and Municipal Government will achieve the targets of a sustainable community and New Jersey's energy master plan.

#### Requirements:

Original designs must be formatted to fit within a 6 inch by 8 inch rectangle and must be able to be enlarged for display material or reduced for use on business cards or letterhead. The logo can be a graphic image, text, or a combination of the two and may be produced electronically or drawn by hand. We are looking for a simple graphic logo. Slogans will be considered as well.

#### Submission Process:

Logos may be submitted by email (in jpg or pdf format), indicate 'green team logo contest' on the subject line, to [greenteam@marlboro-nj.gov](mailto:greenteam@marlboro-nj.gov)

By mail or by hand delivery (hard copy)

**Marlboro Township Green Team**

**Marlboro Township Town Hall**

**1979 Township Drive,**

**Marlboro Township, NJ 07746**

Name, grade, address, and home phone number must be provided with the submission.

Before any announcement of winners, reprint or use, a guardian's permission will be requested.

The contest is only open to high school students who live in Marlboro Township.

If there are any questions please e-mail Adrienne Spota at [greenteam@marlboro-nj.gov](mailto:greenteam@marlboro-nj.gov).

**\$50 Gift Certificate for the Chosen Design**



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# SPORTS ROUNDUP

## Jr Mustang Wrestling Transitions to a Full Year Sport



The Jr Mustangs Coaching staff are strong believers that, 'Matches are won in the Practice Room'. With that in mind, they have decided to combine the Regular Season (November-March) with an off-season (May-October). The off-season will allow athletes to pick and choose which sessions that they attend. Each off-season session will have a specific technique that will be covered. The Coaching Staff realizes that many of the Town's athletes participate in other sports and that's why we think this flexible approach will work for everyone. We have become one of the premier wrestling programs in Central Jersey and the only way we can sustain that is by providing our wrestlers an opportunity to improve year-round. Our wrestlers start as young as 1st grade. Please feel free to reach out to Michael Iuliano, who is the Wrestling Director for Marlboro Jr Mustangs Wrestling. He can be reached at 201-310-5583.

## Marlboro Pop Warner



Registration is now open for boys and girls ages 5 through 15 for upcoming Spring Flag and Fall seasons. Online registration is now available at [www.MarlboroPW.com](http://www.MarlboroPW.com).

**Spring Flag:** We are entering our second season for spring NFL Flag football for boys and girls ages 5 to 15. The spring flag season begins March 26th and will run for 6 weeks. Practices and games will be held on Friday nights on the Marlboro Pop Warner Turf Field Complex.

**Fall Flag Football and Cheer:** Boys and Girls ages 5 and 6 may now register online. The fall season will begin the first or second week of August and will run until the middle of October. Games will be played on Saturday at the Marlboro Pop Warner Complex. Based on the number of teams, anyone interested may participate in a travel home and away schedule (Colt's Neck/East Brunswick/Marlboro).

**7 Year Old Fall Tackle Football:** We will be entering into our second season for the 7 year old ONLY tackle program. Our 7 year old team will play other 7 year old teams in the Jersey Shore Conference. Any child that turns 7 years of age prior to August 31st is eligible to participate. The season will begin August 2nd and run through the end of October. Online registration is now open.

**Fall Tackle Football (Ages 8 to 15):** Age and weigh classes are strictly enforced for the tackle programs. The Season will begin on August 2nd and run through the end of October. Online registration is now open.

**Fall Cheer:** Girls ages 7 through 15 may register for the fall cheer program. The season begins on August 2nd and will run through October. Online registration is now open.

**Walk-in Registration:** For those parents that choose to register live, we will be holding walk-in registration on Wednesday and Thursday, February 24th and 25th from 7:00 to 9:00; Wednesday and Thursday, March 24th and 25th from 7:00 to 9:00. Walk-in registration will take place at the Marlboro Pop Warner field house.

**\*\*NEW\*\* Pop Warner Online Registration is Now Available:** Please visit our new website at [www.MarlboroPW.com](http://www.MarlboroPW.com) and follow the link for 'Online Registration.' Parents will be asked to create an online account in order to complete registration. The online process will accept a check or credit card for your convenience.

*We are currently accepting applications for coaches for Spring Flag and Fall Football and Cheer. Anyone interested in volunteering please contact us at [info@marlboropw.com](mailto:info@marlboropw.com).*

## Marlboro Basketball Association



It's an exciting time for Marlboro travel basketball as the season is nearly complete and that means playoff times for our younger age travel teams.

Our 9 year old boys' team and 10 year old boys' team head into the semi finals this weekend and are looking to repeat as league champions. We wish them luck.

It was great to see our first year teams compete and make it to the second round of the playoffs before coming up short against some very good teams. Marlboro Basketball wants to thank Mike Pasmowitz and Brian Moore for guiding our first year girls 8 and 9 year old travel team. We would also like to thank John Larocca and Steve Johnson for also guiding our first year 8 year old boys travel team.

On another note our Annual Travel breakfast will be March 21st.

## Marlboro Little League Getting Ready . . .



We are at the final stretch of the long winter months and patiently awaiting the warmer temperatures that are ahead. The time is quickly approaching for our children to finally get back onto our baseball/softball diamonds – Tuesday, April 13rd Opening Day at Marlboro Little League (MLL). As we move towards opening day, a few items for consideration:

**Picture Day** – Picture Day is scheduled for Saturday, April 17, from 8:00 AM to 1:30 PM, at the Marlboro Rec Center.

**Opening Day Ceremony** – MLL will be holding the Ceremony on Saturday, April 10. The time, location and logistics will be communicated by your child's manager as well as the information will be posted on the MLL website once finalized.

**Community Event** – MLL will be holding our Second Annual Community Event Day. We're looking for volunteers who would like to provide Community Service by assisting with preparing the complex for the 2010 season. The event is scheduled for March 27 from 9:00 AM to 4:00 PM (rain date – March 28)

*Please visit the MLL website at [www.marlborelitttleleague.com](http://www.marlborelitttleleague.com) to learn more about the above events as well as other 2010 season information.*

## Marlboro Youth Football



Marlboro Youth Football Association will begin its 5th season of NFL Flag Football on March 27th. While registration is closed, names are accepted for our waitlist. MYFA is currently registering kids for fall 2010 tackle football and cheer. All children entering grades 1st to 8th and kindergarten kids turning 6 by 12/31/10 are welcome. Practices begin August 16th and we are a 100% volunteer organization, without any work requirement.

*For information or to register go to [www.marlboryouthfootball.com](http://www.marlboryouthfootball.com) or call 732/772-9888.*

## Marlboro Soccer Association



Coming to a soccer field near you. As you will soon see throughout the township's soccer fields, the soccer season will soon be under way. Both Travel & Rec Soccer players will begin utilizing the fields for practice in preparation for seasonal play.

*Rec starts 4/17 with approximately 1100 players.*

*Travel starts for MOSA and Jersey Coast 3/27 and Maps Starts 3/14. Total travel players is approximately 490.*



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## AT THE REC

### CELEBRATE MARCH WITH MARLBORO RECREATION

#### MARCH RECREATION PROGRAMS

##### New Rec Program – Rhythm to Read

Rhythm to Read is a new innovative classroom curriculum that is now being featured as a course at the Marlboro Rec! This program teaches reading basics through music, rhythms and games, and is great for ages 3-6. Rhythm to Read covers all the basics: letter recognition, letter-word association, capital and lowercase letters, and simple word reading, but it also focuses on alphabet sounds, a fundamental skill that children must learn in order to read correctly. During each class, children will interact with Rhythm to Read creator and director, Mark Wertman, as they reenact the wonderful and exciting adventures of Alpha and Bet (the two colorful characters of the Rhythm to Read DVD). Together, they will travel to faraway lands, dance to the rhythms, and sing along with the all-original musical soundtrack- all while learning to read!

##### SIGN UP NOW FOR:

##### Mother/Son Dance on March 14th

##### Father/Daughter Dances on March 7th, 12th or the 21st

Friday dances are 7pm-10pm Sunday dances are 4pm-7pm

All dances held at the Banquet Center in Matawan (Route 79)

To sit with a friend or group of friends, registrations must be together when submitted. Dinner, Dancing, free photo of the couple and a really great time. Cost: \$85 per couple - (\$25 extra child)

DEADLINE 5 BUSINESS DAYS PRIOR TO DANCE

##### Skate Park Trip

##### Saturday, March 13th Skate Park Trip

##### AND DON'T FORGET

Get your Marlboro Skate Park Shirt for only \$10 and support MSP! For more information contact Liz Cellini at lcellini@marlboro-nj.gov

##### Teen Band Show

##### Saturday, March 20th Teen Band Show

For more information or tickets go to [www.jerseyshows.com](http://www.jerseyshows.com)

For Recreation forms please go to [www.marlboro-nj.gov](http://www.marlboro-nj.gov)

and click on Recreation Activity Registration

#### SPECIAL SENIOR HEALTH SCREENINGS

##### Cholesterol Screening

Friday, March 5TH 9:00 AM Recreation Center

No fasting required.

##### Blood Pressure Screening

Wednesday, March 3RD 11:00 am-12:30pm

Recreation Center

## SENIOR SERVINGS

### MARLBORO'S SENIORS WHERE SPECIAL PEOPLE ENJOY SPECIAL EVENTS

#### SENIOR PROGRAMS & EVENTS

##### ST. PATTY'S DAY CELEBRATION - Recreation Center

Wednesday, March 17 11:30am-2:00pm

Fee: \$12.00/pp

The shamrock, which was also called the "seamroy" by the Celts, was a sacred plant in ancient Ireland because it symbolized the rebirth of spring. Celebrate the coming of Spring. Lunch will be corn beef & cabbage, potatoes, dessert and coffee.

##### AARP Defensive Driving Class - Recreation Center

Thurs., April 8 & Fri., April 9 9:00am-1:00pm

\$14.00 Make ck. payable to: AARP (\$12.00 for AARP Members) A two-day refresher course "55 Alive Mature Driving" will be held. Those completing the course will receive a 5% discount on their auto insurance and will have two points removed from their driving record, if applicable. Checks made payable to AARP. Limited enrollment.

##### Do I Have Chronic Fatigue?

No Fee Thursday, March 25th Recreation Center  
1:30pm-2:30pm

##### Presenter: Dr. Chris Bader

Feeling tired and worn out? Having problems staying awake during the day? Low on energy and unable to complete daily chores? Do you seem to be lethargic and experiencing body aches? Could stress be part of my problem? Dr. Chris Bader will discuss these concerns as well as various treatment options. Dr. Bader will also be available for questions and answers.

##### CAREGIVER SUPPORT GROUP 10:30am-12:00pm

Meeting Dates: Apr.21, May19, Jun.16, Jul.21, Aug.18, Sept.15, Oct.20, Nov.17, Dec.15

Are you providing care for a senior on a full time or part time basis? Are you feeling tired or overwhelmed? We will begin holding a monthly Caregiver Support Group at the Marlboro Senior Center which will be facilitated by Colleen Smith, LSW, a licensed social worker at the Monmouth County Office on Aging. A support group can be a place to share your feelings with others in similar circumstances; to make new friends; and to get information on resources and coping mechanisms. This service is provided free of charge to those who are caregivers and would like to participate. We will meet on the 3rd Wednesday of each month from 10:30am - 12:00pm. Please contact Colleen Smith at 732-308-3770 (x 8780) to let her know you will be attending.

##### Hot Lunch Program

Monday, Mar.8 Tuesday, Mar.9

Monday, Mar.15 Tuesday, Mar.16

Monday, Mar.22 Tuesday, Mar.23

Monday, Mar.29 Tuesday, Mar.30 NO LUNCH

##### Shopping

Friday, Mar.12, 2010 Aldi Food Market (Hazlet)

Friday, Mar.19, 2010 Super Shop Rite (Aberdeen)

Friday, Mar. 26, 2010 Walmart & Sam's (Freehold)



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## TAC

**If imitation is the sincerest form of flattery, Howell Township and its new Teen Advisory Committee owe Marlboro's Teen Advisory Committee our gratitude.**

In 2006, I was appointed to the Howell Recreation Advisory Committee. Howell Township has a long tradition of first class recreation programs, but more importantly the township and its citizens are very community oriented.

In the Summer of 2007, one of my family members who lives in Marlboro told me about the formation of Marlboro's Teen Advisory Committee, which I heard was being supported by then candidate (and now Mayor) Jon Hornik and was comprised initially of high school baseball players. Knowing that my cousin's son was going to participate in this new committee, and also because my own son was attending Marlboro High school and also played baseball, I was intrigued and asked if it would be okay to tag along at one of their meetings.

I was fortunate to attend the Marlboro TAC's second meeting in September 2007. I arrived at the local library to find a room packed with a bunch of highly enthusiastic teenagers, which included not just young men who played baseball but also young woman and non-baseball players. At first I thought that it must be the great food being served before the meeting that attracted the large group but within a few minutes of the kids starting to work it was quite apparent that these kids were going to be a force to be reckoned with and were highly motivated to make a difference in their community and have a positive impact. The adult leaders continued to emphasize the importance of community service and developing leaders. The teens were paired off into teams and were challenged to identify the issues that they thought were important to their peers, the interests they wanted addressed by their elected officials, and the challenges teens were facing in the community. After the teams compiled their lists, the teens began to show their true talents. The adult leaders said now that you know what the problems are, how are you going to fix them? Working as a team, the teens were before my very eyes developing a vision, strategizing, building consensus, and creating a strategic plan for results. It was very impressive to watch what I can only describe as an "untapped resource" in action.

It was at that moment that I knew that the Marlboro Teen Advisory Committee was going to be the topic of the night at my very next Recreation Advisory Committee meeting in Howell. I was very impressed with what I saw after attending a few more TAC meetings and I realized that TAC was going to be a real positive committee in Marlboro's government and that Howell should have a similar program.

I am proud to say that Howell's Mayor and Township Council agree with that, and likewise recognize what an asset a Teen Advisory Committee can be in our community. They will soon introduce a resolution creating a Howell Teen Advisory Committee. I thank Marlboro for its vision in empowering its teens to serve the community, and wish continued success to the Marlboro TAC. I also ask for its assistance in helping get Howell's TAC off the ground and I look forward to sharing ideas that benefit both communities.

Sincerely,  
Robert Nicastro - Howell Resident

## YOUR PULSE

This is your column. It's your opportunity to say what's on your mind and to offer an opinion. "YOUR PULSE" is intended to capture the pulse of our community by providing you with a place to express your feelings as it pertains to the "Question of the Month". Of course this question is Marlboro Township specific and hopefully will generate a response from you.

Here are some rules that are dictated by our availability of space. First, you must be a resident of Marlboro Township. Second, and the most important rule is to please limit your response to 150 words. Third, you must sign your response and provide a contact phone number for verification.

### Our March question was:

**Should the Board of Education Elections be held at a different time of the year, when more people can participate?**

### **Response:**

*Board of Education elections should continue to be held separate and apart from the general election in order to keep politics out of our schools. Having the board election in April ensures that candidates can be evaluated based on their commitment to our children and to education in Marlboro rather than based on party affiliation. Participation in school board elections has historically been low because of the lack of involvement of the citizenry. While moving the election to coincide with the general election would likely increase the number of votes, there is no assurance that those additional votes would be cast by individuals who have taken the time to evaluate the candidates and the education issues of the day.*

Mark Orenzow  
Marlboro

### Our April Question is:

**Do you enjoy reading Marlboro CONTENTS and if so, how would you improve it?**

**E-mail your response to: [hmleskin@gmail.com](mailto:hmleskin@gmail.com).**

**Please note that responses are subject to our editorial review and discretion. We are ready to take your pulse.**

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# LUNCH MENU

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SOUP OF THE DAY.....	\$5
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SEAFOOD CORN BISQUE .....	\$6

## SIDES

FRENCH FRIES.....	\$2
ONION RINGS.....	\$3

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SLICED STEAK SANDWICH .....	\$10.00
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GRILLED CHICKEN SANDWICH	\$7.00

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8 OZ SKIRT STEAK WITH VEGETABLE OF THE DAY.....	\$9
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8 OZ. BEEF TENDERLOIN WITH VEGETABLE OF THE DAY.....	\$10

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TENDER BLEND OF MIXED GREENS WITH ORANGE SEGMENTS AND SHAVED FENNEL ADD GRILLED CHICKEN...	\$9.00

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PENNE MARINARA .....	\$9
LINGUINE CLAMS RED OR WHITE ....	\$12
RIGATONI BOLOGNESE.....	\$10

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